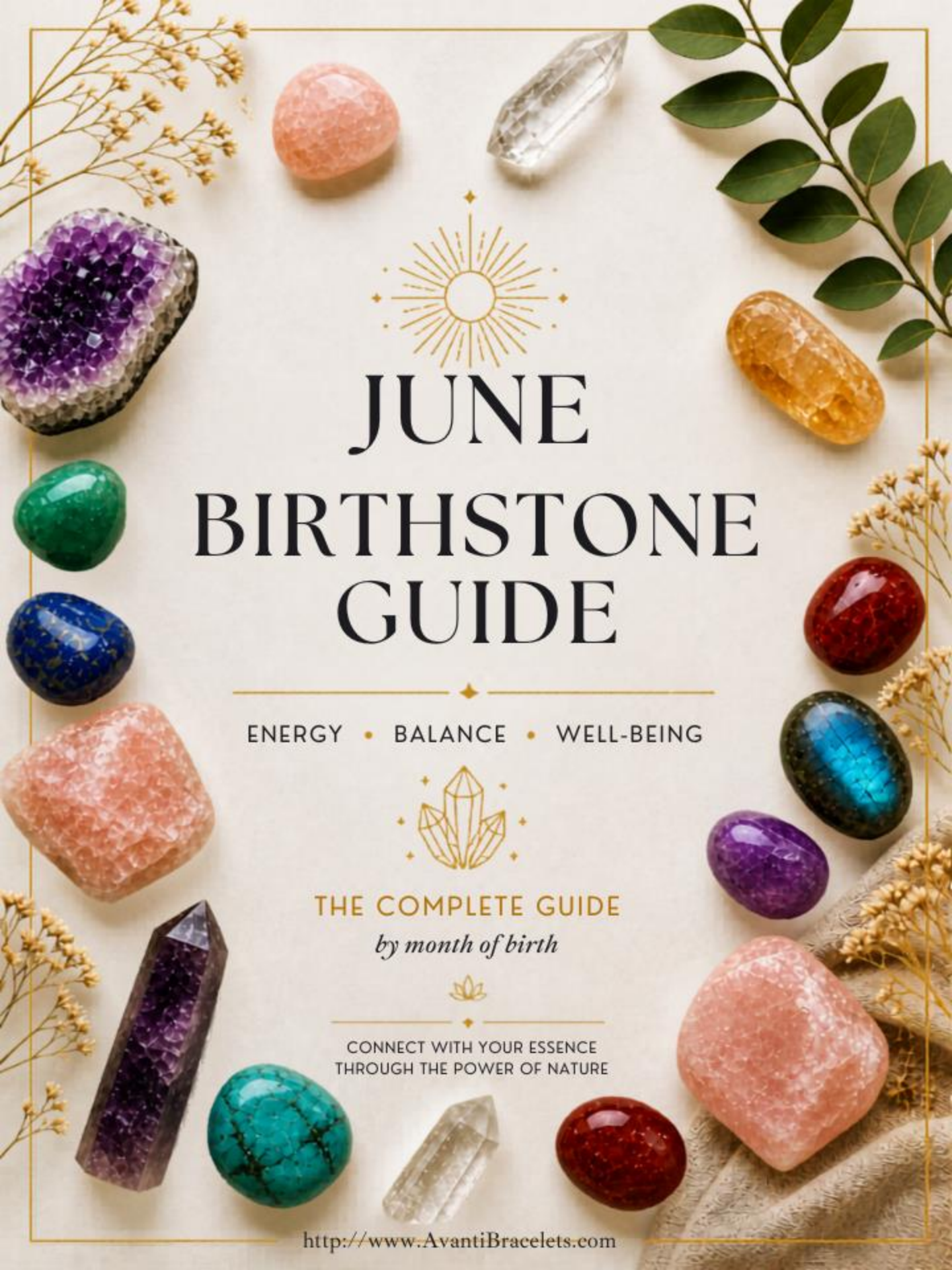




JUNE BIRTHSTONE GUIDE

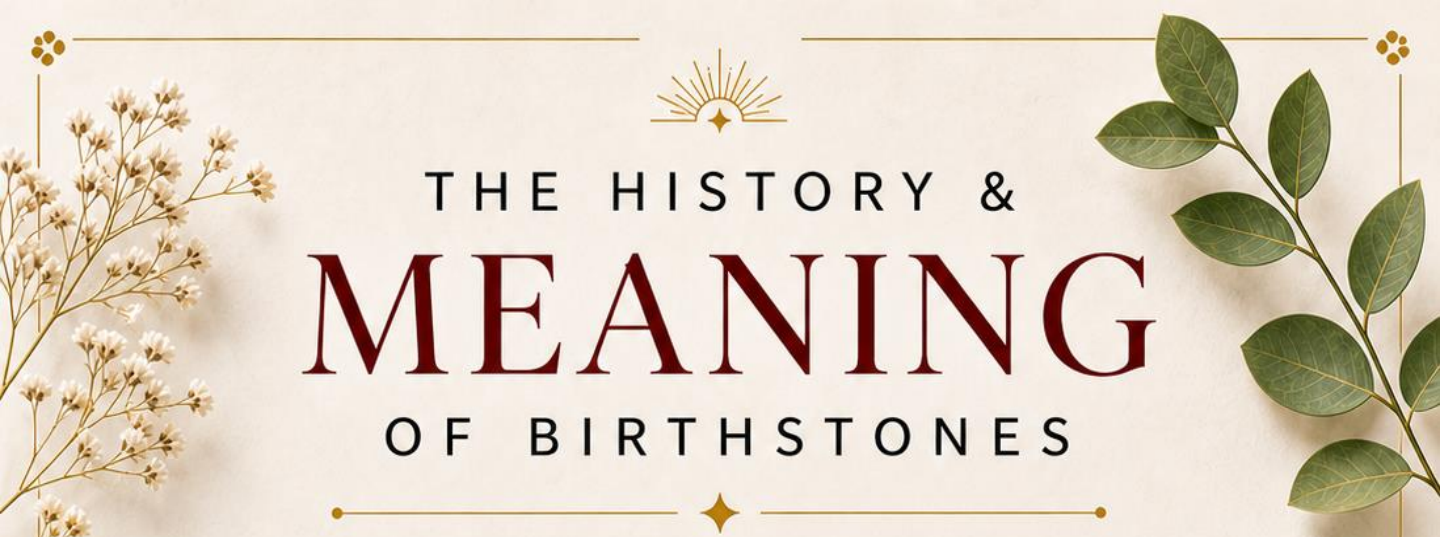
ENERGY • BALANCE • WELL-BEING



THE COMPLETE GUIDE
by month of birth



CONNECT WITH YOUR ESSENCE
THROUGH THE POWER OF NATURE



THE HISTORY & MEANING OF BIRTHSTONES



ORIGIN

The tradition of birthstones dates back thousands of years. It is commonly linked to the **Breastplate of Aaron**, described in the Book of Exodus, which contained twelve gemstones representing the twelve tribes of Israel.¹

Later, scholars connected these stones to the **twelve months and zodiac signs**, shaping the foundation of the modern system.²



EVOLUTION

Ancient civilizations such as the Greeks and Romans believed gemstones held **protective and healing powers**.³

Originally, people wore different stones throughout the year, but over time this evolved into wearing **one specific stone** based on birth month.²

The modern list of birthstones was officially standardized in **1912** by the National Association of Jewelers in the United States.²

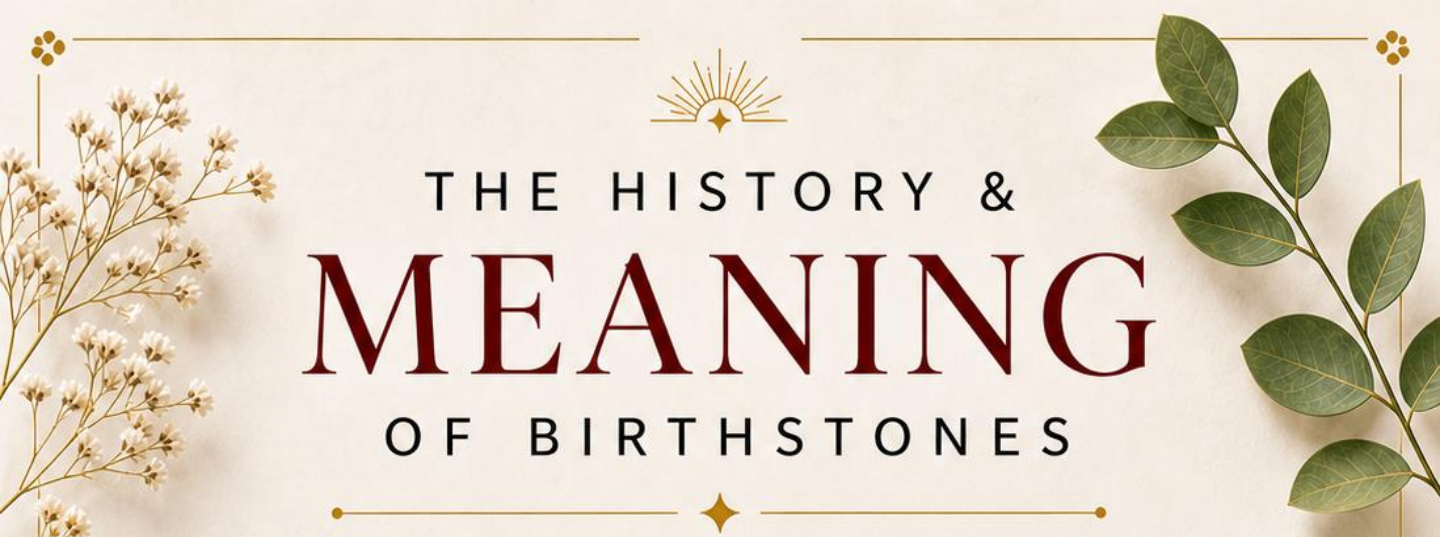


MEANING

Birthstones have long been associated with symbolic qualities such as:

- ◆ Protection
- ◆ Love
- ◆ Clarity
- ◆ Strength
- ◆ Renewal

These meanings come from **cultural, spiritual, and historical traditions**, not scientific evidence.⁴



◆ *Each stone carries a story shaped by history, belief, and human connection.* ◆

SOURCES

1. American Gem Society. (n.d.). The History of Birthstones. members.americangemsociety.org
2. Wikipedia. (n.d.). Birthstone. en.wikipedia.org/wiki/Birthstone
3. Willow & Stag. (n.d.). Birthstones: Meanings, History & Significance. willowandstag.com
4. Martha Stewart. (2023). Birthstone Meanings for Every Month. marthastewart.com



JUNE

PEARL • MOONSTONE • ALEXANDRITE

BIRTHSTONES



JUNE

— HISTORY & ORIGIN —

June is one of the few months with three official birthstones, each with a unique story, symbolism and beauty.

HISTORY & ORIGIN



PEARL

- ✦ Pearls are the oldest known gemstones, treasured for thousands of years.
- ✦ Unlike other gems, pearls are organic, formed naturally inside mollusks.
- ✦ They have been symbols of purity, wisdom and wealth across many cultures.



MOONSTONE

- ✦ Moonstone has been associated with the moon and lunar energies since ancient times.
- ✦ It was believed to bring good fortune, protection during travel and emotional balance.
- ✦ Highly valued in India and Rome, and used in jewelry throughout history.



ALEXANDRITE

- ✦ Discovered in Russia in the 1830s, during the reign of Tsar Alexander II.
- ✦ Known for its remarkable color change, it was once more valuable than diamonds.
- ✦ One of the rarest gemstones in the world.

COLORS & VARIETIES



PEARL

Comes in a variety of natural colors.



White



Cream



Golden



Black



MOONSTONE

Most known for its blue glow (adularescence), but can appear in different body colors.



Blue



White



Peach



Gray



ALEXANDRITE

Famous for its color-changing ability. Different colors appear depending on the light.



Daylight
(Green / Blue-Green)



Incandescent Light
(Red / Purple)

INTERESTING FACTS



Pearls are the only gemstones created by living organisms.



Moonstone's glow is called adularescence, caused by light scattering within the stone.



Alexandrite is one of the rarest and most valuable gemstones in the world.



June is the only month with three official birthstones.



Each June birthstone carries its own special energy, making this month truly unique and meaningful.



JUNE

BENEFITS

Each June birthstone carries unique energies that support emotional well-being, inner growth and holistic balance.



PEARL

PURITY • CALM • WISDOM



EMOTIONAL BENEFITS

- ✦ Promotes calmness and emotional balance.
- ✦ Encourages purity, sincerity and inner wisdom.
- ✦ Helps reduce stress and anxiety.



PHYSICAL BENEFITS (TRADITIONAL BELIEFS)

- ✦ Believed to soothe the body and calm the nervous system.
- ✦ Associated with supporting the digestive system.
- ✦ Traditionally used for overall vitality and well-being.

*These statements are based on traditional beliefs and are not a substitute for medical advice.



CHAKRA CONNECTION



Crown Chakra (Sahasrara)
Heart Chakra (Anahata)

Supports spiritual growth, compassion and inner peace.



MOONSTONE

INTUITION • BALANCE • NEW BEGINNINGS



EMOTIONAL BENEFITS

- ✦ Enhances intuition and inner knowing.
- ✦ Supports emotional healing and sensitivity.
- ✦ Encourages new beginnings and personal growth.



PHYSICAL BENEFITS (TRADITIONAL BELIEFS)

- ✦ Believed to support hormonal balance and fertility.
- ✦ Associated with fluid balance and detoxification.
- ✦ Traditionally used to ease menstrual discomfort.

*These statements are based on traditional beliefs and are not a substitute for medical advice.



CHAKRA CONNECTION



Third Eye Chakra (Ajna)
Crown Chakra (Sahasrara)

Supports intuition, inner vision and spiritual connection.



ALEXANDRITE

TRANSFORMATION • ADAPTABILITY • PROTECTION



EMOTIONAL BENEFITS

- ✦ Encourages adaptability and positive change.
- ✦ Supports confidence during life transitions.
- ✦ Helps release old patterns and embrace growth.



PHYSICAL BENEFITS (TRADITIONAL BELIEFS)

- ✦ Believed to boost energy and endurance.
- ✦ Associated with heart health and circulation.
- ✦ Traditionally used for overall vitality and recovery.

*These statements are based on traditional beliefs and are not a substitute for medical advice.



CHAKRA CONNECTION



Heart Chakra (Anahata)
Crown Chakra (Sahasrara)

Supports transformation, heart healing and inner strength.

THREE STONES, THREE ENERGIES

Together, these birthstones create a powerful blend of calm, intuition and transformation—helping you align with your highest self and life's flow.



CALM
(Pearl)



INTUITION
(Moonstone)



TRANSFORMATION
(Alexandrite)

JUNE

THREE UNIQUE BIRTHSTONES

June is the only month with three official birthstones, each with its own beauty, energy and meaning.



PEARL

Purity • Calm • Wisdom



- ♦ Organic gemstone formed inside living mollusks.
- ♦ A timeless symbol of purity, femininity and inner wisdom.
- ♦ Available in many colors including white, cream, golden, black and pastel.



MOONSTONE

Intuition • Balance • New Beginnings



- ♦ Known for its mystical glow called adularescence.
- ♦ Associated with the moon, cycles and deep emotional healing.
- ♦ Colors vary from white and blue to peach, gray and rainbow.



ALEXANDRITE

Transformation • Adaptability • Protection



Daylight
(Green / Blue-Green)

Incandescent Light
(Red / Purple)

- ♦ Famous for its dramatic color change depending on the light.
- ♦ Discovered in Russia in the 1830s.
- ♦ One of the rarest and most valuable gemstones.

COMPARISON AT A GLANCE

ELEMENT	Organic	Feldspar Mineral	Chrysoberyl Mineral
MAIN ENERGY	Calm • Purity	Intuition • Emotional Flow	Change • Transformation
BEST FOR	Emotional balance, self-worth, serenity	Intuition, sensitivity, new beginnings	Adaptability, confidence, life transitions
CHAKRA FOCUS	Crown • Heart	Third Eye • Crown	Heart • Crown
MOHS HARDNESS	2.5 – 4.5	6 – 6.5	8.5

HOW TO CHOOSE



Choose Pearl if you seek calm, purity and emotional balance.



Choose Moonstone if you are drawn to intuition, healing and new beginnings.



Choose Alexandrite if you embrace change, growth and transformation.

CARE REMINDERS



Pearls are delicate. Avoid chemicals, perfume and extreme dryness.



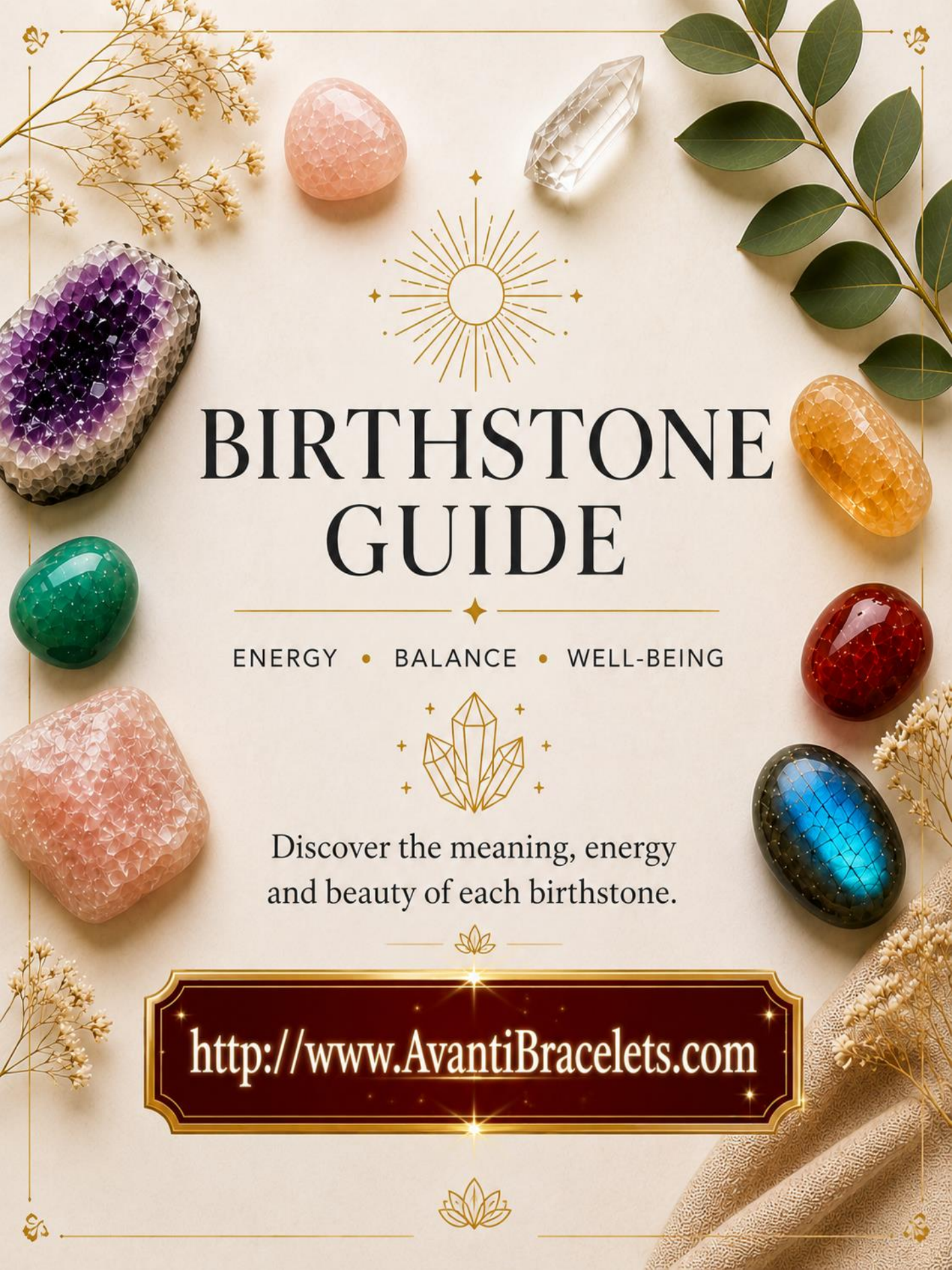
Moonstone can be sensitive to heat and sudden temperature changes.



Alexandrite is durable but should still be cleaned gently.

“Three stones. Three energies.
One extraordinary month.”

Let the June birthstone that calls to you guide and support your journey.



BIRTHSTONE GUIDE

ENERGY • BALANCE • WELL-BEING



Discover the meaning, energy
and beauty of each birthstone.



<http://www.AvantiBracelets.com>