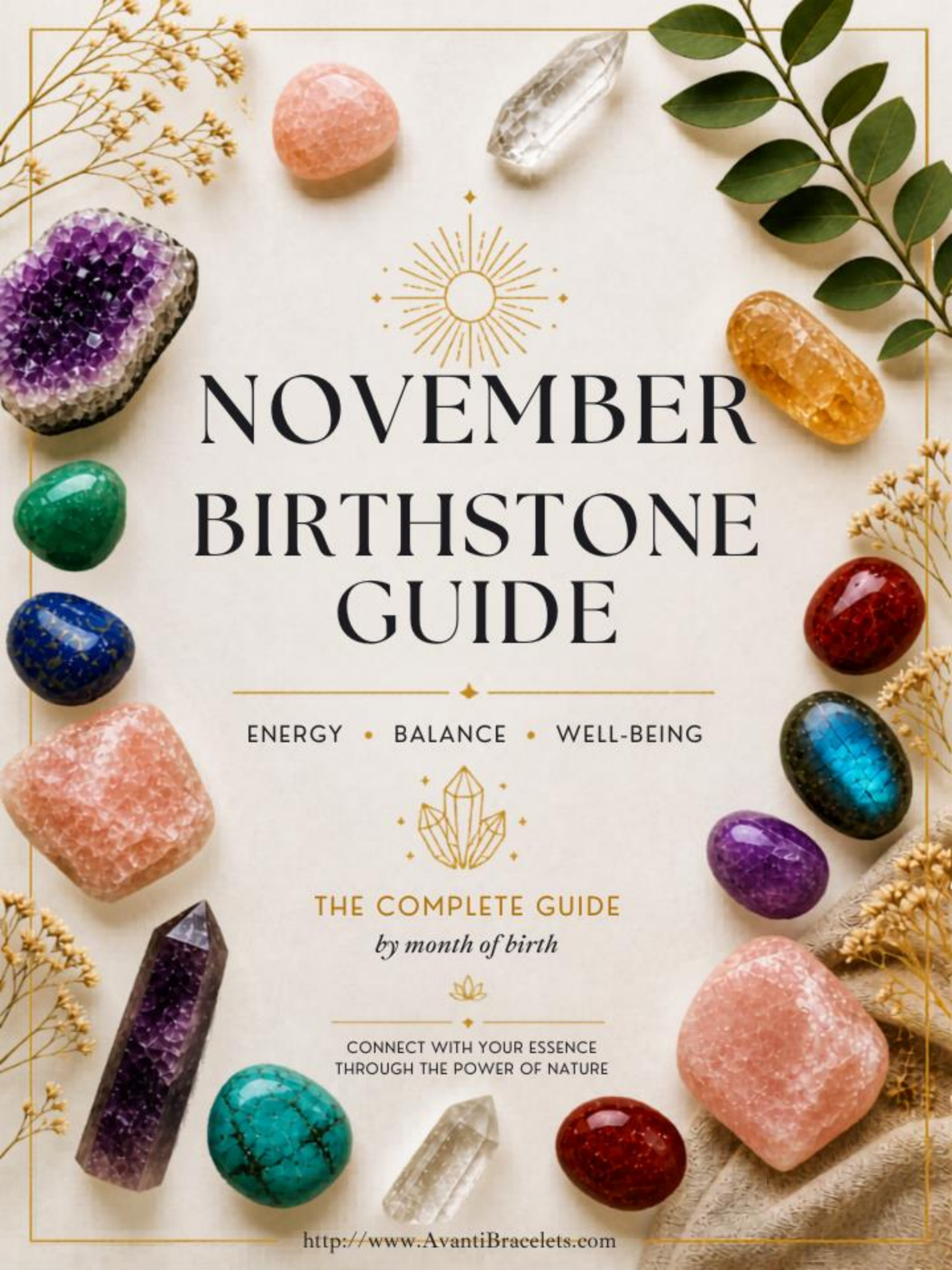




NOVEMBER BIRTHSTONE GUIDE

ENERGY • BALANCE • WELL-BEING

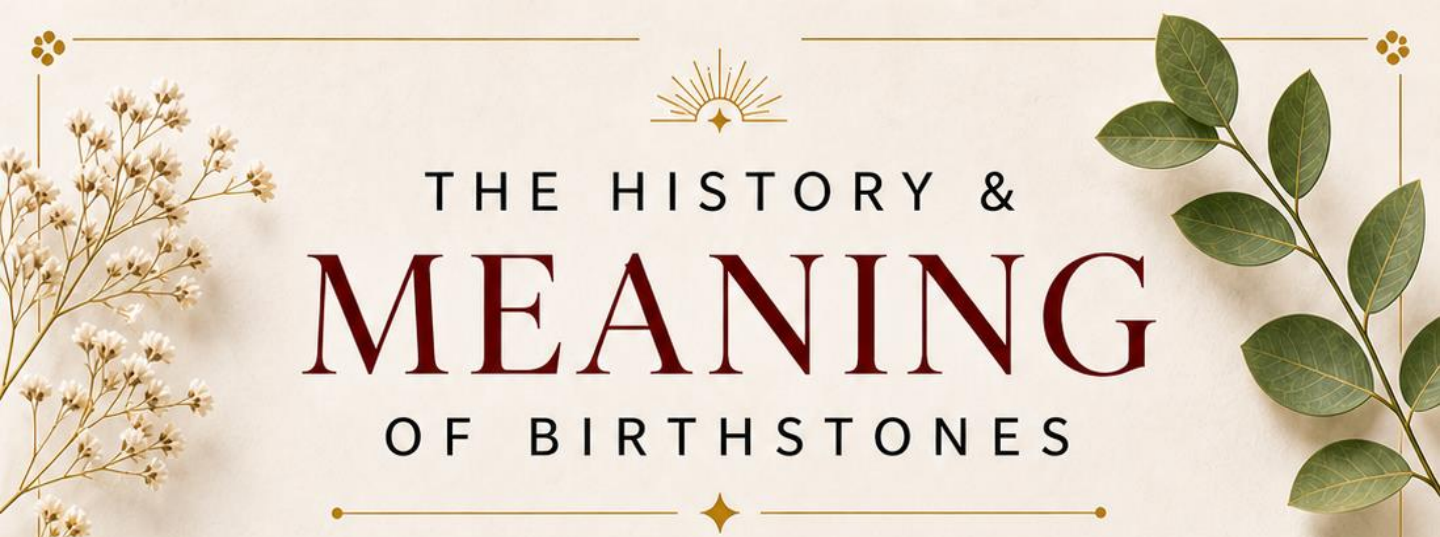


THE COMPLETE GUIDE
by month of birth



CONNECT WITH YOUR ESSENCE
THROUGH THE POWER OF NATURE

<http://www.AvantiBracelets.com>



THE HISTORY & MEANING OF BIRTHSTONES



ORIGIN



The tradition of birthstones dates back thousands of years. It is commonly linked to the **Breastplate of Aaron**, described in the Book of Exodus, which contained twelve gemstones representing the twelve tribes of Israel.¹

Later, scholars connected these stones to the **twelve months and zodiac signs**, shaping the foundation of the modern system.²



EVOLUTION



Ancient civilizations such as the Greeks and Romans believed gemstones held **protective and healing powers**.³

Originally, people wore different stones throughout the year, but over time this evolved into wearing **one specific stone** based on birth month.²

The modern list of birthstones was officially standardized in **1912** by the National Association of Jewelers in the United States.²



MEANING



Birthstones have long been associated with symbolic qualities such as:

- ◆ Protection
- ◆ Love
- ◆ Clarity
- ◆ Strength
- ◆ Renewal

These meanings come from **cultural, spiritual, and historical traditions**, not scientific evidence.⁴



◆ *Each stone carries a story shaped by history, belief, and human connection.* ◆

SOURCES

1. American Gem Society. (n.d.). The History of Birthstones. members.americangemsociety.org
2. Wikipedia. (n.d.). Birthstone. en.wikipedia.org/wiki/Birthstone
3. Willow & Stag. (n.d.). Birthstones: Meanings, History & Significance. willowandstag.com
4. Martha Stewart. (2023). Birthstone Meanings for Every Month. marthastewart.com

NOVEMBER

BIRTHSTONES

CITRINE ♦ TOPAZ



NOVEMBER

★ BIRTHSTONES ★ CITRINE ★ TOPAZ

TWO STONES OF ABUNDANCE & CLARITY

HISTORY & ORIGIN



CITRINE

- Citrine has been used in jewelry for thousands of years.
- Its name comes from the French word "citron", meaning lemon.
- In ancient times, it was believed to carry the energy of the sun and bring abundance.

TOPAZ

- Topaz has been treasured since ancient Egypt, Greece and Rome.
- It was believed to provide protection, strength and wisdom.
- Natural topaz is one of the hardest gemstones (Mohs 8).



COLORS

CITRINE



PALE YELLOW



GOLDEN YELLOW



ORANGE



BROWNISH
ORANGE

Citrine ranges from pale yellow to deep orange and brownish tones.

TOPAZ



YELLOW



BLUE



PINK



COLORLESS

Topaz occurs in many colors, including yellow, blue, pink, and colorless.

INTERESTING FACTS



Most natural citrine on the market is created by heat-treating amethyst or smoky quartz to enhance its yellow color.



Citrine is associated with warmth, joy, prosperity and positive energy.



Topaz has been considered a stone of protection, strength and mental clarity.



High-quality topaz is highly brilliant and valued for its durability and versatility.



Both stones have been historically linked to wealth, success and good fortune.

NOVEMBER

✦ BIRTHSTONES ✦

CITRINE ✦ TOPAZ

— ENERGY, ABUNDANCE & CLARITY —



CITRINE



EMOTIONAL BENEFITS



Promotes joy, optimism and positive thinking.



Encourages confidence and personal power.



Attracts abundance, success and opportunities.



Helps release fear, stress and negative emotions.

PHYSICAL BENEFITS*



Associated with increased energy and vitality.



Believed to support digestion and metabolism.



Traditionally used to promote immune system wellness.



TOPAZ



EMOTIONAL BENEFITS



Enhances clarity, focus and mental clarity.



Supports self-expression and communication.



Brings emotional balance and inner peace.



Strengthens courage and self-confidence.

PHYSICAL BENEFITS*



Associated with strength and endurance.



Believed to support respiratory health.



Traditionally linked to overall well-being and recovery.

CHAKRA CONNECTION



SOLAR PLEXUS CHAKRA (Manipura)

Citrine activates and balances the Solar Plexus Chakra, the center of personal power, will, and abundance.

CONFIDENCE • WILLPOWER
ABUNDANCE • JOY



SOLAR PLEXUS & THROAT CHAKRA (Manipura & Vishuddha)

Topaz strengthens both the Solar Plexus and Throat Chakras, enhancing confidence, clarity, and authentic communication.

CLARITY • EXPRESSION
TRUTH • STRENGTH

* These statements are based on traditional beliefs and are not intended to replace professional medical advice.

TWO STONES. ONE PURPOSE:
TO EMPOWER YOUR LIGHT AND GUIDE YOUR PATH.

NOVEMBER

ALTERNATIVE BIRTHSTONES

MORE WAYS TO SHINE

Other meaningful stones connected to the energy of November

MODERN ALTERNATIVE



TIGER'S EYE

confidence & protection

MINERAL ALTERNATIVE



**YELLOW QUARTZ
(GOLDEN QUARTZ)**

energy & clarity

PREMIUM VARIANT



IMPERIAL TOPAZ

vitality & abundance

TRADITIONAL VARIANT



YELLOW TOPAZ

warmth & strength



HISTORY

- Used for protection by ancient warriors.
- Associated with courage and good luck.

- Citrine is a variety of quartz; yellow quartz is a natural alternative.
- Long used in amulets for prosperity.

- Considered the most valuable and rare form of topaz.
- Historically called the "topaz of emperors".

- The original birthstone of November for many centuries.
- Valued in many cultures for its golden energy.



CHARACTERISTICS

- Golden-brown with a silky, chatoyant effect.
- Opaque gemstone with striking bands.

- Transparent to translucent.
- Shades from pale yellow to deep golden.

- Colors range from golden yellow to orange, pink and reddish.
- Exceptional clarity and brilliance.

- Transparent with bright yellow to honey tones.
- Excellent brilliance and durability.



MEANING

- Personal power
- Protection
- Focus & determination

- Positive energy
- Manifestation
- Mental clarity

- Abundance
- Joy
- Creativity

- Energy
- Confidence
- Success



ENERGY CONNECTION

Grounding and protective energy that helps you stay strong and centered.

Solar energy that attracts prosperity and supports clear thinking and action.

High-vibration energy that inspires abundance, enthusiasm and personal growth.

Warm, uplifting energy that brings motivation, vitality and inner strength.

KEY MESSAGE

*"November offers many golden paths —
Each stone carries the energy of abundance, strength and light."*

WHY DOES NOVEMBER HAVE ALTERNATIVES?



Topaz and Citrine were historically confused and often considered the same stone.



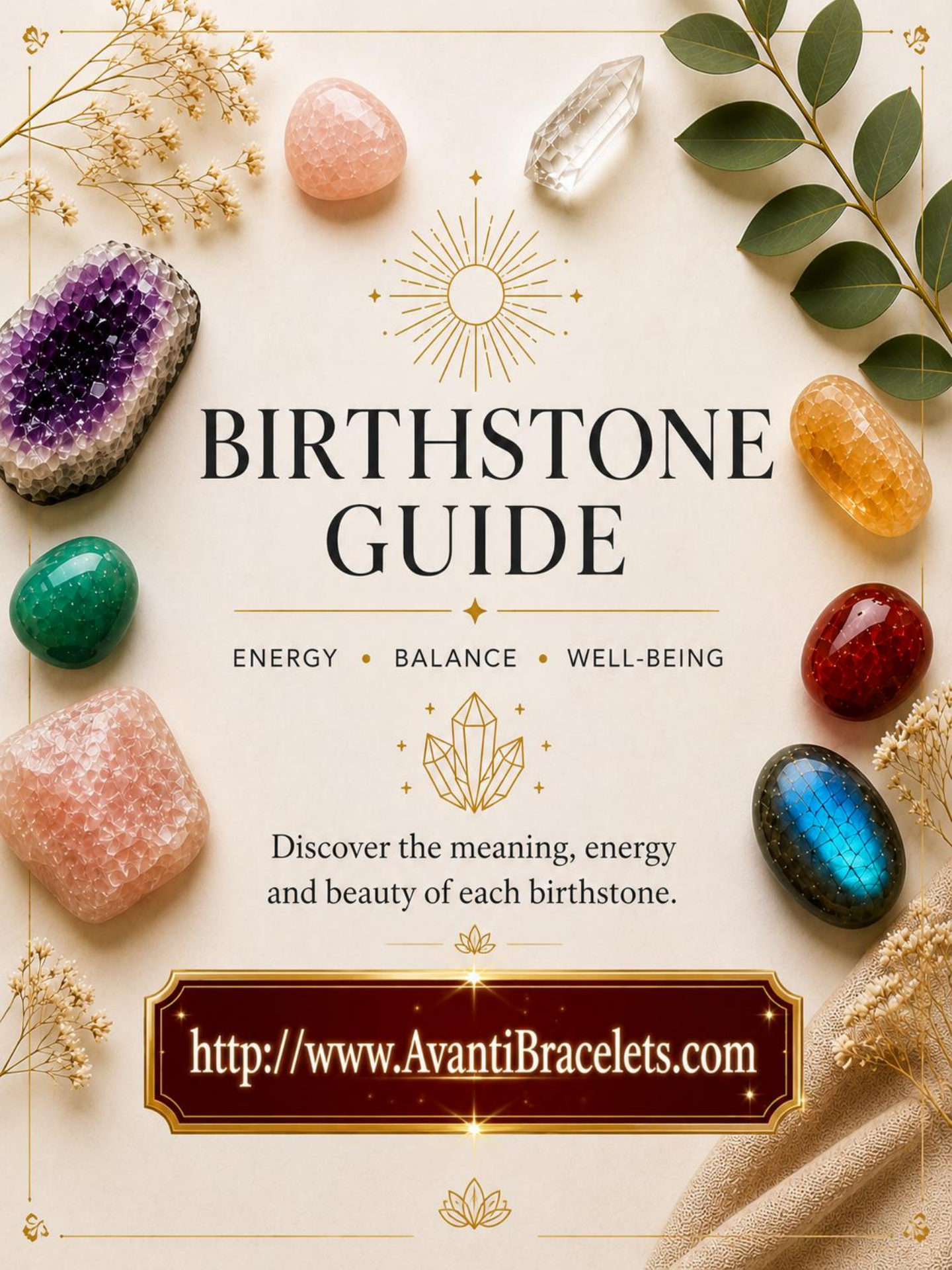
All these stones share similar colors and solar energy linked to abundance and success.



Different cultures and times recognized different stones that carry the same power and symbolism.

♦ ONE MONTH. MANY EXPRESSIONS. ONE PURPOSE. ♦

Choose the stone that resonates with your energy and your journey.



BIRTHSTONE GUIDE

ENERGY • BALANCE • WELL-BEING



Discover the meaning, energy
and beauty of each birthstone.



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