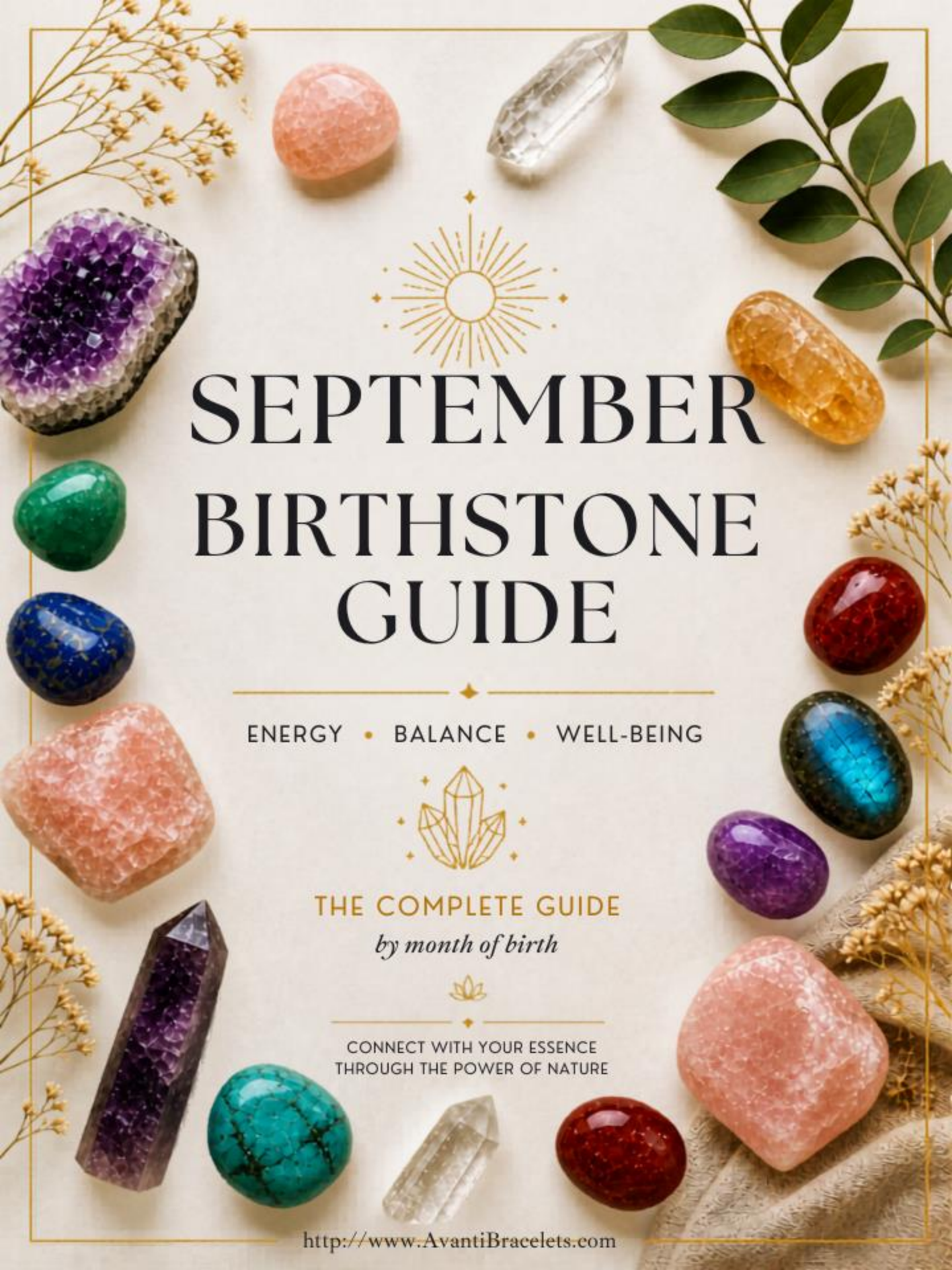




SEPTEMBER BIRTHSTONE GUIDE

ENERGY • BALANCE • WELL-BEING

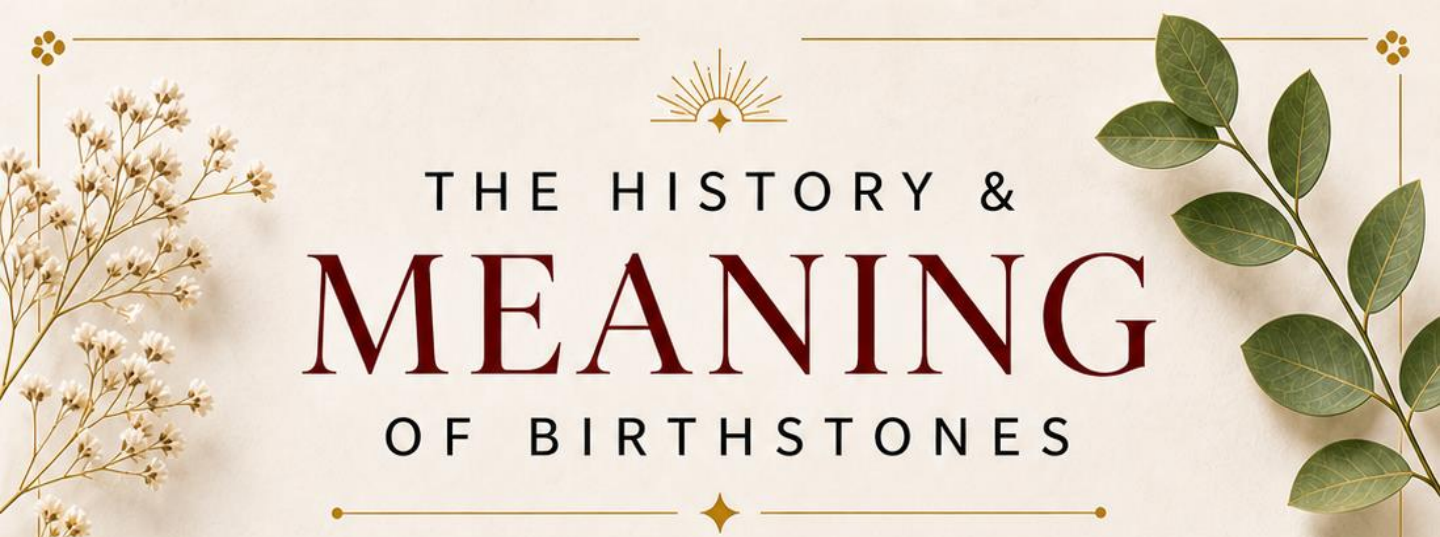


THE COMPLETE GUIDE
by month of birth



CONNECT WITH YOUR ESSENCE
THROUGH THE POWER OF NATURE

<http://www.AvantiBracelets.com>



THE HISTORY & MEANING OF BIRTHSTONES



ORIGIN



The tradition of birthstones dates back thousands of years. It is commonly linked to the **Breastplate of Aaron**, described in the Book of Exodus, which contained twelve gemstones representing the twelve tribes of Israel.¹

Later, scholars connected these stones to the **twelve months and zodiac signs**, shaping the foundation of the modern system.²



EVOLUTION



Ancient civilizations such as the Greeks and Romans believed gemstones held **protective and healing powers**.³

Originally, people wore different stones throughout the year, but over time this evolved into wearing **one specific stone** based on birth month.²

The modern list of birthstones was officially standardized in **1912** by the National Association of Jewelers in the United States.²



MEANING



Birthstones have long been associated with symbolic qualities such as:

- ◆ Protection
- ◆ Love
- ◆ Clarity
- ◆ Strength
- ◆ Renewal

These meanings come from **cultural, spiritual, and historical traditions**, not scientific evidence.⁴



◆ *Each stone carries a story shaped by history, belief, and human connection.* ◆

SOURCES

1. American Gem Society. (n.d.). The History of Birthstones. members.americangemsociety.org
2. Wikipedia. (n.d.). Birthstone. en.wikipedia.org/wiki/Birthstone
3. Willow & Stag. (n.d.). Birthstones: Meanings, History & Significance. willowandstag.com
4. Martha Stewart. (2023). Birthstone Meanings for Every Month. marthastewart.com

SEPTEMBER

— ♦ SAPHIRE ♦ —

BIRTHSTONE



SEPTEMBER

♦ SAPHIRE ♦

BIRTHSTONE

Sapphires have been treasured for centuries for their beauty, wisdom and powerful symbolism. They represent **truth**, **loyalty** and **nobility**.



HISTORY



Sapphires have been revered for thousands of years. Ancient royalty and clergy wore them as symbols of **divine favor**, **wisdom** and **protection**.



The ancient Greeks believed sapphires protected against **harm** and **envy**.



During the Middle Ages, sapphires were associated with **heaven** and **purity**, often worn by kings, queens and clergy.



One of the most famous sapphires is the engagement ring of **Princess Diana**, now worn by Catherine, Princess of Wales.



COLORS OF SAPHIRE

While blue is the most iconic, sapphires come in a stunning variety of colors.



BLUE



PINK



YELLOW



GREEN



PURPLE



PADPARADSCHA
(VERY RARE)



Sapphires exist in almost every color of the rainbow, except **red** — red corundum is classified as **ruby**.

FACTS AT A GLANCE



MINERAL FAMILY

Corundum family
(the same family
as **ruby**).



HARDNESS

9 on the Mohs scale.
Extremely durable
and ideal for
everyday wear.



DURABILITY

Very tough and resistant
to scratches, making it
one of the most durable
precious gemstones.



SOURCES

Found in Sri Lanka, Myanmar,
Kashmir, Thailand, Australia,
Madagascar and the
United States.



SYMBOLISM

Wisdom, loyalty,
truth, **nobility**
and **protection**.



♦ TIMELESS GEM ♦

Sapphires have adorned crowns, religious jewelry and royal collections for centuries. Their deep beauty and strong energy continue to **inspire** and **protect**.



SEPTEMBER SAPPHIRE BIRTHSTONE

Sapphire is a stone of **wisdom**, **truth** and **loyalty**.
It inspires clarity, inner strength and sincere expression.



EMOTIONAL BENEFITS



Promotes mental **clarity**,
focus and **intuition**.



Encourages **emotional balance**
and inner **peace**.



Supports **truth**, **authenticity**
and **integrity**.



Strengthens **loyalty**, **trust**
and meaningful relationships.



PHYSICAL BENEFITS



Traditionally associated
with **eye health** and **vision**.



Believed to **calm** the **nervous**
system and reduce stress.



Associated with overall **wellness**
and physical **vitality**.



Traditionally believed to support
detoxification and **circulation**.

**Traditional beliefs, not a substitute
for professional medical advice.*



SPIRITUAL BENEFITS



Enhances **intuition**, insight
and spiritual **awareness**.



Deepens **meditation** and
inner **connection**.



Protects the energy field
and promotes **clarity**.



Encourages alignment with
higher **wisdom** and **purpose**.

CHAKRAS



THIRD EYE CHAKRA AJNA

Enhances **intuition**, insight
and mental clarity.
Helps you see beyond
and trust your **inner wisdom**.



THROAT CHAKRA VISHUDDHA

Supports clear **communication**,
truth expression and
speaking with confidence
and **authenticity**.



Sapphire connects **wisdom** with expression,
helping you live with **clarity**, **truth** and a **loyal heart**.



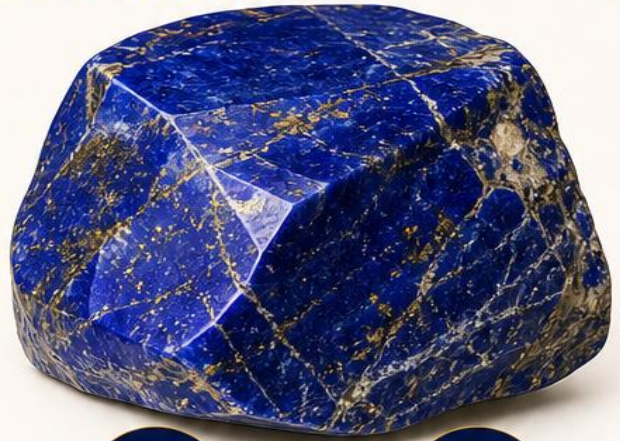
SEPTEMBER

ALTERNATIVE BIRTHSTONE

LAPIS LAZULI

PRIMARY ALTERNATIVE

Lapis Lazuli is one of the most ancient gemstones in history, cherished for its deep celestial blue and golden pyrite flecks. It has been a symbol of **wisdom**, **truth** and **divine connection** for thousands of years.



ANCIENT HERITAGE

Used since ancient Mesopotamia, Egypt, Persia and Greece. Prized by pharaohs, priests and royalty.



SYMBOLISM

Associated with **wisdom**, **truth**, awareness and spiritual insight.



ENERGY & MEANING

Encourages intellectual clarity, self-expression and a deeper connection to inner truth.



PROTECTION

Believed to offer protection, attract positive energy and promote harmony.

HISTORICAL USES



Used in amulets and talismans for protection and power.



Ground into ultramarine pigment, one of the most valuable blue paints in history.



Adorned temples, sacred artifacts and royal jewelry.



Mentioned in ancient texts and revered across civilizations.



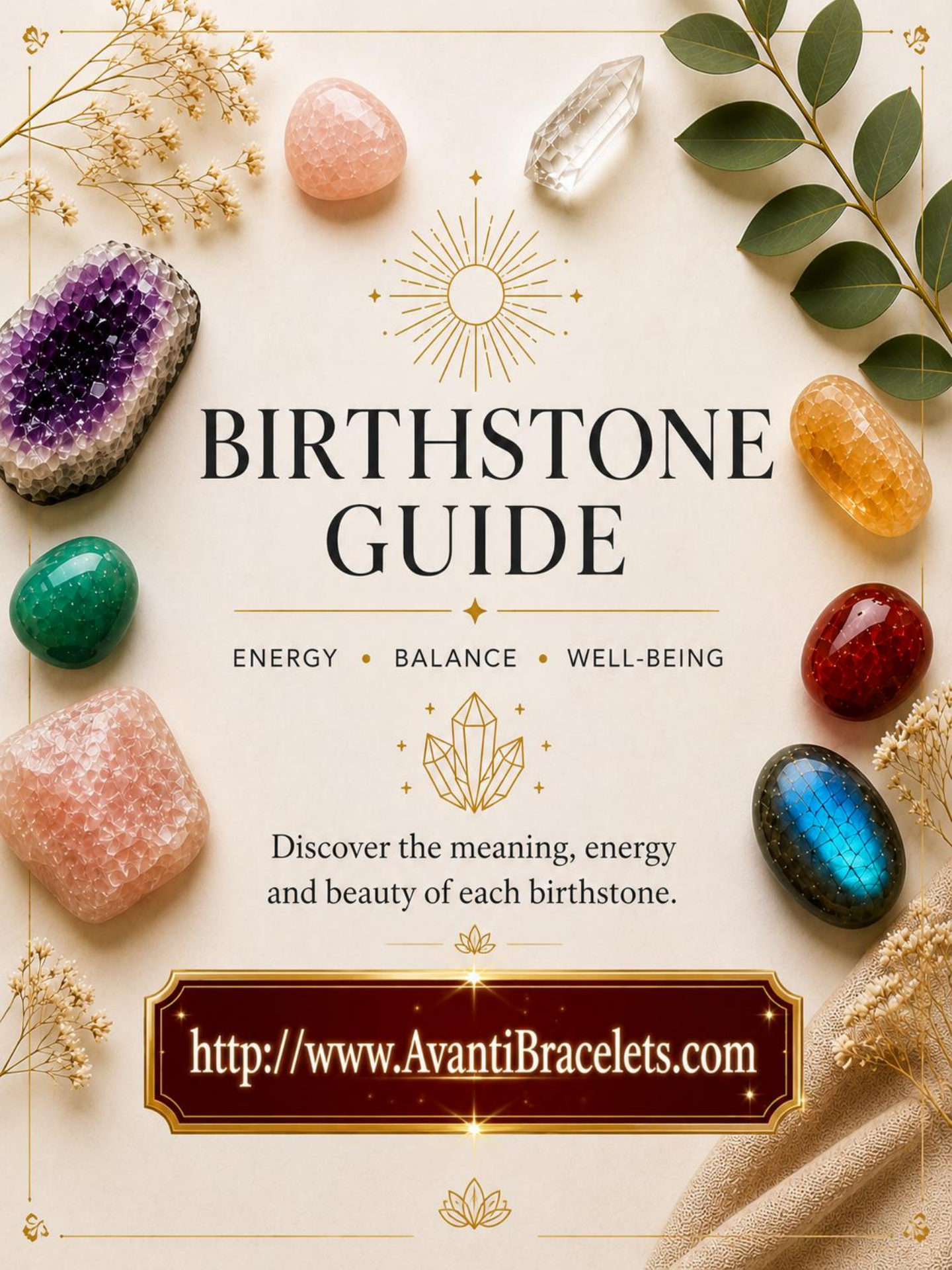
QUICK FACTS

COLOR:	Deep blue with golden pyrite flecks
COMPOSITION:	Lazurite, calcite, sodalite, pyrite
HARDNESS:	5 – 5.5 Mohs
ORIGIN:	Afghanistan, Chile, Russia, Italy, USA
CHAKRA:	Third Eye Chakra (Ajna)
ELEMENT:	Air

A STONE OF WISDOM AND TRUTH

Lapis Lazuli reminds us to speak our **truth**, seek **wisdom** and live with **clarity** and **purpose**.





BIRTHSTONE GUIDE

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Discover the meaning, energy
and beauty of each birthstone.



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